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THE LATEST IN LOCAL  
EDUCATION, AND  
MORE {pages 24-26}

**IT'S A DEAL**  
**SHEEN, BABY**  
**MAMA AGREE**  
**ON CUSTODY**  
{page 18}

**BREAKING NEWS:**  
**CARAMILK KEY**  
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THESE ARE NOT THE OFFICIAL RULES. NO PURCHASE NECESSARY. Contest closes August 28, 2011. Look inside for 1 of 10 Winning Keys for a Founder Prize, consisting of (1) a Founder Trip (AWY \$2,620) and (2) a yearly supply of Caramilk Bars (945) for 25 years OR choose for \$10,858.75. Odds no less than 1 in 1,650,933. Founder has no less than a 1 in 10 chance to win up to \$250,000. Must be age of majority. Skill-testing question required. Full rules at caramilk.ca or call 1-866-782-5267. Trademark, used under license.

**CALGARY**  
**metro**®  
Tuesday, June 7, 2011  
[www.metronews.ca](http://www.metronews.ca)  
News worth sharing.



► Boston Bruins forward Brad Marchand leaps in the air to celebrate with teammate Andrew Ference, after scoring a highlight-reel goal in Game 3 of the Stanley Cup final last night in Boston. The Bruins won 8-1 to cut the Canucks' series lead to 2-1. Story, page 28.

HARRY HOW/GETTY IMAGES

A win worth leaping over

# MLA cronies jumped health-care queue, Duckett alleges

► Health Minister Gene Zwozdesky has asked an arm's-length investigative body to look into waiting list problems

Alberta's health minister dismissed allegations yesterday that his caucus colleagues have let friends and cronies jump the queue to get faster surgery.

Gene Zwozdesky said he has no knowledge that this happened or is happening, and said if anyone has proof, they should bring it to health authorities.

"I have not seen any evidence of any queue jumping," said Zwozdesky. "If there is proof to (the allegations), they should be brought forward to the Health Quality Council."

Zwozdesky was responding to allegations made in a recent speech by Stephen Duckett, the former head of Alberta Health Services.

Duckett, who left his post under a cloud last November, told an audience at the University of Toronto that when he took the job in 2009 he inherited a system riven by turf battles, money woes and political interference.

He said he immediately shut

down a back-channel system that allowed some government legislature members to let favoured friends jump the waiting list queue and get faster surgery or other care.

"I'm told some predecessor CEOs had designated go-to guys for discreet waiting lists adjustments on request from MLAs — a practice I discontinued," said Duckett in his May 5 speech.

Duckett, who now teaches with the School of Public Health at the University of Alberta, declined to be interviewed yesterday. In an email exchange, he said he would let his public comments speak for themselves.

The provincial government has been under heavy criticism from opponents since last fall over health care.

Opposition Alberta Liberal Leader David Swann said there's no doubt there's a "culture of entitlement" among the Conservatives after 40 consecutive years in power. **THE CANADIAN PRESS**

## Stephen Duckett

- **Furor:** Stephen Duckett, the former head of Alberta Health Services, left his post last November at the height of the political furor over waiting lists.
- **Turfed:** At that time, Raj Sherman, the parliamentary assistant in the portfolio, was turfed from caucus for criticizing his own government on the issue.
- **Cookie:** Duckett left after he dodged reporters following a meeting in Edmonton. He brusquely told them he wouldn't comment because he was eating a cookie.
- **Viral:** The comments, and the footage of Duckett being followed down the street by reporters, went viral on YouTube, and the cookie became a symbol of government indifference to public suffering.

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## Teaching funds may offset bus fee hike

Public school board trustees will decide tonight on whether to use already depleted instructional dollars to lower a proposed 60 per cent hike in busing fees this fall.

Trustees previously deemed the hike too steep during a meeting last month and directed administration to come back with new scenarios.

Now, two new options are up for debate. One would see busing fees hiked 48 per cent to \$295 annually for all students not in kindergarten or high school. The remaining funds would be covered at the cost of roughly nine teaching jobs.

The second proposes a more dramatic shift, using \$2.9 million — roughly the cost of 30 teaching positions — to keep busing fees at their present levels.

"It's going to be difficult, for sure," Calvin Davies, CBE director of operational planning, said of the board's impending decision. "We have trimmed the fat, we have cut into the muscle. Anything from here on is really hitting the bone."

The CBE has already projected more than 300 school-based and support staff positions will be lost.

Calgary parent Tracey Cairns, who has two kids that ride the bus, blamed mismanagement for the cost issue facing the public transit system, but said she would rather fork out the extra fees than cut more teachers. **JEREMY NOLAIS**



▶ More than 4,000 city union workers could adopt a work-to-rule campaign later this month.

## Workers set for strike vote

- ▶ More than 4,000 city employees to decide on job action June 16
- ▶ Union requesting three per cent raise for each of the next two years



**JEREMY NOLAIS**  
@METRONEWS.CA

Bylaw officials, 311 operators, police-service administrators, city planners and others could put in motion a work-to-rule campaign by month's end, says the president of the city's largest civic union.

Peter Marsden with CUPE Local 38 said little headway has been made since negotiations started in September on a wage

hike for City of Calgary employees.

He added that job action is not imminent, providing the city is willing to restart talks.

"We have left the door open," Marsden said. "We would much sooner get a negotiation settlement and save our energy and the energy of our members."

Ald. Dale Hodges said Calgarians shouldn't worry yet about possible impacts on city services.

"It's a bargaining tactic that's been used by different unions for years and years," he said. "The Local 38 has usually been pretty reasonable."

"You probably don't remember the last Local 38 strike. I barely remember it."

Marsden pointed out that possible work action, along with the compounding factor of rolling strikes presently underway by the Canadian Union of Postal Workers,

### Union facts

- ▶ City councillors approved a 4.7 per cent wage increase for themselves this year.
- ▶ City workers last embarked on a brief work-to-rule campaign that lasted four days in 1997.

could create headaches for Calgarians attempting file their property-tax payments by the June 30 deadline.

# 1

  
news


A study suggests ancient human migration in Africa was a two-way street. Scan code for story.

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On the web at [metronews.ca](http://metronews.ca)

**Allan Small on what last week's disappointing economic numbers mean for investors. More at [metronews.ca/investing](http://metronews.ca/investing)**

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## TWO DEAD

**Driver held in Stoney Trail crash**

Charges are pending in a vehicle rollover that killed two people in the city's northeast Sunday night.

Just before midnight, a Honda CRV with five occupants was travelling southbound on Stoney Trail when the driver attempted to navigate the

ramp to McKnight Boulevard and rolled, Calgary police said. Two people, a 16-year-old girl and a 20-year-old man, who police say were not wearing seatbelts, were ejected from the vehicle and died. The two remaining passengers were treated for minor injuries, while the driver was uninjured and taken into police custody.

Speed and alcohol are believed to be factors in the crash, police said.

● METRO

**Budget plan on agenda**

Aldermen will meet three times this month for strategic planning as they put together a blueprint for future city budgeting. The meetings will help form the basis of a financial plan in 2012 to 2014, the city said in a release.

● METRO

**Farm mishap kills man**

A 23-year-old man has died northwest of Carseland after being injured while working with heavy farming equipment. Paramedics were on the scene but were unable to save the man. His identity is not being released, pending notification of next of kin. ● METRO

# A flat-out lousy day

- Police searching for three men believed to have slashed dozens of tires
- One vehicle had a handicap sign, neighbours say



**KATIE TURNER**  
@METRONEWS.CA

Residents in the northeast community of Abbeydale woke to an unpleasant surprise yesterday after late-night vandals slashed the tires of dozens of vehicles.

As he got up to leave for work at about 5 a.m., Matt Krayco said he noticed most of the vehicles on one side of the street had been vandalized.

"Our neighbours were bouncing as they were going to leave and we looked down the street and saw everyone's tires were flat," he said. "Then I looked down and noticed my tire was slashed."

William Lyon moved into the neighbourhood just two weeks ago and said

this wasn't the kind of reception he was hoping for. "It's a brilliant welcome, that's for sure."

Staff Sgt. Leah Barber said one witness reported seeing three males in their late teens running from the scene at about 1:30 a.m.

"If it seemed to be one person they were targeting, I'd be more concerned that they might be back. But in this case, they were probably just walking by and thought it was funny."

## 30

**As many as 30 vehicles on three Abbeydale streets had their tires slashed. Some had just one tire slit, while others lost all four.**



► Abbeydale resident William Lyon woke up yesterday to find two tires on his truck had been slashed.



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- **MS Access 2007 (Foundation) - 18 Hours - \$175 (\$135)\***  
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- **MS Office (Word, Excel & Access Advanced) - 18 Hours - \$210 (\$165)\***  
3 Saturdays, 9:00 am - 3:00 pm (July 23, August 6 & 13)  
6 Evenings, Mondays & Wednesdays 6:00-9:00 pm; (Open Date)
- **MS Publisher 2007 - 12 Hours - \$155 (\$120)\***  
2 Saturdays, 9:00 am - 3:00 pm (June 25 & July 9)  
4 Evenings, Tuesdays & Thursdays, 6:00 - 9:00 pm (June 13, 15, 20 & 22)
- **MS PowerPoint 2007 - 12 Hours - \$155 (\$120)\***  
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06

metro

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TUESDAY, JUNE 7, 2011



► Calgarian Nicollette Tremblay was chosen to debut her vintage-inspired clothing, as seen here, at Graduate Fashion Week in London.

# Local designer to show in London

► Calgarian chosen among candidates at top fashion colleges to debut clothing at London Fashion Week today



KATIE  
TURNER  
@METRONEWS.CA

Watching models strut her pieces down the runway in London at Graduate Fashion Week will be an emotional moment for Calgarian Nicollette Tremblay — she just hopes she gets to see it.

"I think we're only allowed backstage, but I will probably cry," she said.

"I think I'll just have the biggest smile on my

**5** The number of students selected from Tremblay's fashion school, the Istituto Marangoni in Paris, to show their collection at London Fashion Week.

face. I'm just proud of what I achieved."

The 25-year-old Tremblay will debut her pieces today on the world fashion stage. On the eve of the big show, she said she wasn't feeling nervous but

grateful to be given the opportunity.

"I don't feel nervous at all. I'm just ready to see how it turns out."

She said students at the fashion school she attends, the Istituto Marangoni in Paris, have to make three outfits to present for the graduate fashion show, but this was double the work.

"I'm going to be presenting six here so it was a lot of work, but I was super excited."

### PARKS DEPARTMENT

## Camp plan is on sacred land, native group says

A group of aboriginals is trying to stop the Alberta government from turning what they say is sacred land on the banks of a pristine lake into an RV park.

Members of the Cold

Lake First Nation say the land within the English Bay Provincial Recreation Area contains 4,000-year-old artifacts, burial grounds and ceremonial sites.

Alberta's Parks Department plans to turn the area into a campground designed for big RVs with power hook-ups, a boat launch, a parking lot and a playground.

Members of the band have set up teepees in the area in protest.

THE CANADIAN PRESS

## School funding no shocker: Hancock

Alberta Education Minister Dave Hancock says school boards should not have been surprised about the amount of funding they got from the government in this year's budget.

School boards need to adjust to changing times and the increased responsibility they'll be given under the new Education Act, he said at an Alberta school boards meeting yesterday. THE CANADIAN PRESS

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▶ A lion statue wearing a Canucks jersey at the entrance to the Lions Gate Bridge in Vancouver.

## APPETITE OF A LION FOR JERSEYS

**JEFF HODSON**  
@METRONEWS.CA

Everywhere you go in Vancouver and its suburbs these days you are beset by fans in Canucks jerseys.

Aside from tickets, home-team jerseys are far and away the hottest item in Vancouver.

There are lineups to get into the two Canucks-owned stores. Giant blue jerseys even hang from the twin granite lions guarding the approach to

### HOME ICE ADVANTAGE



Lions Gate Bridge — or they did.

West Vancouver police issued a news release yesterday about the arrest of a 17-year-old girl and two men in their 20s for allegedly stripping one of the lions and absconding with the giant Canucks sweater in their car.

**JEFF HODSON IS MANAGING EDITOR OF METRO VANCOUVER**

# Familiar federal budget

- ▶ Mostly reprises Tories' pre-election financial plan
- ▶ No details on \$4B in promised annual spending cuts

Armed with a majority mandate, Prime Minister Stephen Harper is forging ahead with a 2011-12 budget larded with low-cost boutique tax breaks, modest pension help for the poorest seniors, and a vow to slay the deficit within four years.

New to the spending blueprint is \$2.2 billion for Quebec as an inducement to finalize full harmonization of the provincial sales tax with the federal GST.

The budget will also phase out the \$2-per-vote public subsidy received by all federal political parties.

All the moves were repeatedly linked to the majority mandate the Conservatives won May 2, when 39.6 per cent of voters delivered them 166 seats in the House of Com-



▶ Minister of Finance Jim Flaherty answers questions in the House of Commons yesterday after delivering the federal budget on Parliament Hill in Ottawa.

mons.

NDP Leader Jack Layton said that the Conservatives were not being transparent about where their proposed cuts in federal spending would come from.

Finance Minister Jim Flaherty said some programs "will not continue."

Total federal spending will total \$281.4 billion this fiscal year.  
**THE CANADIAN PRESS**

### Budget tweets



Not much love for the refashioned budget.

- ▶ @michaelshapcott: What's new in federal budget 2011 on long overdue national housing plan? Absolutely nothing ...
- ▶ @nepeancarlton: I'm a proud political geek but this budget thing is SUCH a snore No change fr govt or opposition Is Oprah on?
- ▶ @lindsayyfg: Having deja vu. Didn't I just watch something about #bgt41 a few months ago ...
- ▶ @stephen\_taylor: Breaking news: @elizabethmay won't support the budget. #whatev



.....  
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► France's Superior Audiovisual Council member Christine Kelly looks on as she is interviewed by reporters yesterday in Paris.

# France bans 'secret' ads

- Ruling went largely unnoticed until French bloggers picked up on it
- Country has long had a reputation as being tough on cyberspace

No plugging of Twitter accounts or Facebook pages on French broadcast airwaves.

France's audiovisual authority says that TV and radio stations that promote their sites on the two gargantuan social media services on air are actually engaging in secret — and unfair — advertising.

Some French bloggers, bemoaning that their country seems out of touch with the Digital Age, pilloried what it considered an antiquated stance.

On May 27, the Superior Audiovisual Council, or CSA, said that broadcasters could legally point viewers or listeners to their sites on generic "social media" but

they may not cite services like Facebook or Twitter by name.

The CSA said yesterday that Facebook or Twitter could be cited only when a report or program merits a specific reference to those sites.

"We are not in the United States where you buy frequencies to get a TV

channel and then you do pretty much whatever you want on your channel," said Christine Kelly, a member of the council.

In France you don't buy the frequency but get one for free and in exchange "there are rules you must respect," Kelly told Associated Press Television News.

THE ASSOCIATED PRESS

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## Abortion billboard sparks debate

A U.S. man's decision to lash out with a billboard ad saying his ex-girlfriend had an abortion against his wishes has touched off a court battle over free

speech and privacy rights.

The sign in Alamogordo, N.M., reads, "This Would Have Been A Picture Of My 2-Month Old Baby If The Mother Has Decided To Not KILL Our Child!"

The man's ex-girlfriend has taken him to court for harassment and violation of privacy. The woman's friends say she had a miscarriage, not an abortion.

THE ASSOCIATED PRESS

## Politician apologizes over racy online pics

New York Democratic Rep. Anthony Weiner says racy, shirtless pictures that appeared on a website are him, and he's apologizing for what he calls making

terrible mistakes.

During a teary-eyed press conference yesterday, he said he won't resign.

The conservative website that last week started a furor over a lewd photo sent from Weiner's Twitter account posted new photos yesterday purportedly from a second woman, who said she received shirtless shots of the congressman.

THE ASSOCIATED PRESS

# Protests honour young slain Egyptian

► Policemen accused of killing man still on trial ► Marchers say police abuses have not stopped

Crowds of Egyptians dressed in black held demonstrations yesterday to honour a young man from Alexandria beaten to death a year ago in a savage attack blamed on police that helped inspire the uprising that brought down Egypt's president.

Photographs of Khaled Said's badly disfigured and bloodied face were posted on the Internet and became an instant rallying point for campaigners trying to bring attention to rampant police brutality under the regime of Hosni Mubarak.

A Facebook page in his honour called "We are all

### Circumstances

The circumstances of Khaled Said's slaying — witnesses say two plain-clothes officers dragged him from an Internet café and beat him to death on the street — resonated with young Egyptians.

► The reason he was confronted by police has never been fully explained.

Khaled Said" was used months later to call for the protests that toppled Mubarak Feb. 11.

THE ASSOCIATED PRESS

### Housekeepers. Court



► Local New York City hotel housekeepers wait for the arrival of former International Monetary Fund chief Dominique Strauss-Kahn yesterday at Manhattan Supreme Court.

ANDREW BURTON/GETTY IMAGES

## Not guilty plea in IMF scandal

Dominique Strauss-Kahn pleaded not guilty to charges he tried to rape a Manhattan hotel maid. The French diplomat appeared in court for the first time since he was released on \$6 million in cash bail and bond last month.

### AUTOCAD ONE-MONTH CERTIFICATE

Dan does okay. His job pays the bills and makes use of his computer skills, but he wants more challenge and some extra cash at the end of the month. He also wants to try his hand at computer-assisted design. He's done a bit of it here and there but

## Dan has designs on a better career

wants to excel. So, Dan did his research and discovered that Bow Valley College offers one month of accelerated learning. In just one month over the summer, he'll walk away with a certificate as an AutoCAD operator. He spoke with a BVC advisor and learned that AutoCAD operators work in a variety of fields, including architecture, manufacturing, mapping, surveying, electronics, interior design, landscaping, and engineering. Dan registered by calling Continuing Education at Bow Valley College. Now he's getting ready to roll up his sleeves this summer for one month of intensive, hands-on learning. Dan knows that with BVC his designs for a better career will soon be a reality.

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# New boat ends swim to school

## ► Philippine blogger raises money to buy boat named 'New Hope'

Dozens of children in a Philippine village no longer have to swim to school while straining to hold their books above the water.

Government employee and blogger Jay Jaboneta said he learned of the chil-

drens' plight last October and helped start fundraising through his Facebook account.

Jaboneta raised enough money for one motorboat, and two more boats are being built.

THE ASSOCIATED PRESS

### Hard journey

► Children from Layag-layag village had to swim and wade through about a mile of mostly chest-deep water and cross sandbars to reach school when they could not hitch a ride on fishing boats.

### Cucumbers. Destroyed



► Men carry cucumbers collected for destruction at a greenhouse outside Bucharest, Romania, because of fear of E. coli bacteria contamination.

VADIM GHIRDA/THE ASSOCIATED PRESS

## Canadian part of European E. coli outbreak

An Ontario man has Canada's first suspected case of E. coli linked to an outbreak in Europe that has killed 22 people. The man, who is from Peel Region, west of Toronto, travelled to Germany this spring where he consumed local salad products. The man has been released from hospital. THE CANADIAN PRESS



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## BREW BLOCK

**Molson, NHL to appeal**

Molson Coors Canada and the National Hockey League plan to appeal an Ontario court ruling that would block what has been called the most lucrative sponsorship deal in the league's history.

Meanwhile, the Denver-based brewer said it's committed to advancing the \$375-million deal with the NHL despite what it called a "surprise" ruling last Friday. Judge Frank Newbould of the Ontario Supreme Court upheld a claim by rival brewer Labatt that the NHL reneged on a deal it had in place when it signed with Molson Coors.

In a news release yesterday, Molson Coors CEO Dave Perkson said the company was disappointed, "given we entered into negotiations with the NHL in good faith." **THE CANADIAN PRESS**

**Market moment**

## TSX



-199.25  
(13,318.66)

## Dollar



-0.26¢  
(101.96¢ US)

## Oil



-\$1.21 US  
(\$99.01 US)

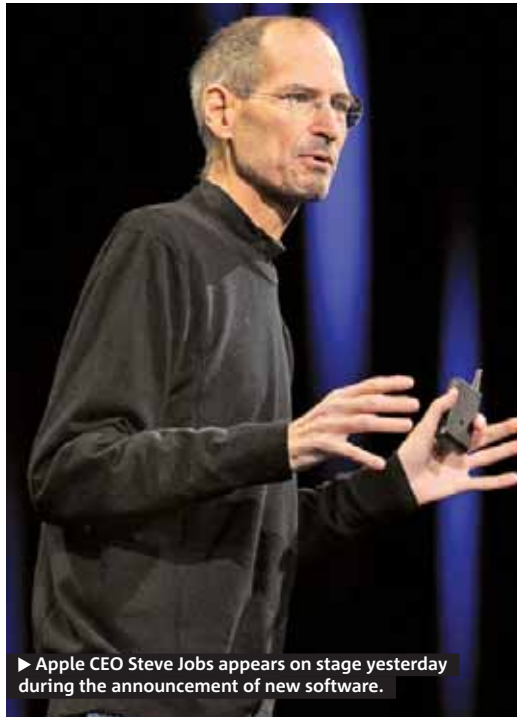
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1,000 cu ft  
\$4.827  
(+12¢)

Gold contract  
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(+ \$4.80)

PRICES AS OF 5 P.M. YESTERDAY

# Apple gets more in sync

JUSTIN SULLIVAN/GETTY IMAGES



► Apple CEO Steve Jobs appears on stage yesterday during the announcement of new software.

## ► New system allows users to zoom in using fingers on the trackpad

Apple CEO Steve Jobs introduced his company's latest, highly anticipated project, the iCloud, yesterday at Apple's Worldwide Developers Conference in San Francisco.

The free service automatically synchronizes music, documents, photos, mail, calendar, contacts, apps and iBooks, and backs up content — all via Apple's servers.

It will be available this fall.

"We're going to move the centre of your digital life into the cloud," Jobs said. "If I get something on my iPhone, those pictures are in the cloud and they are now pushed down to my devices completely automatically. And now everything's in sync without me even having to think about it."

**Instant buzz**

► RIM's BlackBerry Messenger is getting new competition after Apple revealed plans for iMessage.

► The instant chat app will let Apple users exchange texts, pics and videos, just as BlackBerry users do with the popular BBM program.

**THE CANADIAN PRESS**

The company also introduced an operating system, dubbed Lion, which has 250 features and will be available in July.

Meanwhile, the company's new iOS will allow users to sync devices via Wi-Fi and it will debut this fall.

**● SAM CASTONE/METRO WORLD NEWS**

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Unit 210, 9737 MacLeod Trail S.W.

Unit 104A, 3716-61Ave S.E.  
8-4105 4th St. N.W.  
628 B 17 Ave S.W.  
1412 9 Ave S.E.



# Black lorded over inmates: Filings

► But lawyer files papers touting Black's contributions to community in prison, support to inmate students

RYAN REMIOWZ/THE CANADIAN PRESS

Conrad Black wasn't the model inmate his defence team paints him to be, but rather shirked tutoring responsibilities and used other inmates as servants during his time at a Florida prison, according to filings to be heard at his resentencing later this month.

In an affidavit, a unit manager at the Coleman prison complex in Florida says the former media baron demanded special treatment and gathered an entourage of inmates who acted like servants for him.

Tammy Padgett said in the document that Black's assigned case manager reported that he demanded to be called Lord Black the day he was released on bond last summer.



► Conrad Black

In another document, Carrie De La Garza, an education specialist who supervised Black as a tutor, claims he was a haughty and uninterested mentor. "He projected the attitude that he was better than others in the class, both faculty and students,"

she said in the sworn testimony.

De La Garza claims Black was frequently late and often read or worked on writing what appeared to be a book while he was supposed to be teaching.

However, Black's defence team argues in its court filings that his contributions to the community "were nothing short of extraordinary."

"Few indeed could take credit for guiding more than 100 GED candidates to graduation, and Mr. Black's work with his colleagues to more than double the number of graduates is truly commendable," the defence filing said.

THE CANADIAN PRESS

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Results will be published in the Father's Day Special Feature in Metro on June 16.

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Survey will be emailed to panelists on June 9.

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# GOING THE DISTANCE JUST NOT WORTH IT

## SHE SAYS ...

JESSICA NAPIER  
METRO



Throughout my dating history, I have tried and failed at two long-distance relationships. As a result of these short-lived and relatively miserable love affairs, I

would recommend that you never, ever try dating that involves a commute.

My first attempt was a trans-Canada romance that happened long before the days of Skype and face-time video chatting. Back in 2004 BF (Before Facebook), our cross-country correspondence involved carefully scheduled phone dates, emailed JPEGs and even the occasional handwritten letter.

Over the course of a year, the physical separation created an emotional distance between us and our once-optimistic relationship degenerated into a series of teary airport goodbyes and melancholy "I'll miss you" moments. The romance fizzled; after not seeing each

other for months at a time, the only thing giving me heart palpitations was my phone bill.

Never again, I swore. Until, of course, I decided to try it again.

A little more than a year later, I started long-distance dating on a much smaller scale. He was just outside of the city, a quick two-hour car ride would be fine, I thought; we'd see each other all the time.

We didn't.

This time, it was the age-old Country Mouse, City

Mouse problem. He would always favour fresh air over bright lights and nothing would make me relocate from my beloved downtown.

And, so, we parted ways, and I swore (for real this time) to never, ever date outside of my postal code.

With each failed relationship I came to realize that the more you concern yourself with long-distance rates and gas prices, the less time you spend nurturing a meaningful connection with your mate.

Even if you can handle the lack of physical intimacy, turbulent emotions and financial strain, being apart for weeks or months at a time takes an enormous amount of trust. Anytime your partner doesn't answer the phone you'll wonder where they are, but more importantly, who they're with. Monogamy isn't dependent on geography but being in the same general vicinity and seeing each other on a regular basis certainly helps curb those jealous tendencies.

So, what are we to believe — is it out of sight, out of mind, or can absence truly make the heart grow fonder?

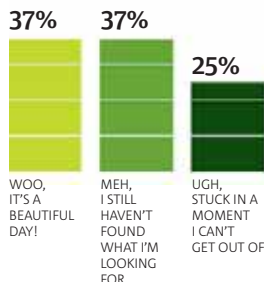
If you've beaten the odds and are in a successful, fulfilling long-distance relationship, then congratulations. But it's important to remember that mythical long-distance couples who make it work are always the exception, never the rule.

Read more of Jessica Napier's columns at [metronews.ca/shesays](http://metronews.ca/shesays)



Register at  
[metrolifepanel.ca](http://metrolifepanel.ca)  
and take the quick poll

How would you feel if you picked up a hitchhiker and it turned out to be Bono?



## Local tweets



@djexcess: Anyone have more #autocorrect

stories in #yyc? I need a good laugh. #boredwaiting

@acetheism: Calgary never got the memo that de facto summer begins when the month of June does. #YYC #crapweather

@Caribosa: People bother me, I should get over it. I need a vacation. Can I go to Montreal yet?! #yyc #yul

@ElizaAngeline: Oh sure, @teganandsara come to #yeg & #yyc while i'm in #yul. Just my luck.

@Kieraisawesomee: no softball tonight due to the weather, was looking forward to playing 2 games :( #rain #yyc

@scotts\_thoughts: Lots of #Canucks jerseys at #yyc. Love it.

@karenmclellan: All the green makes me feel better about all the grey. #yyc

@isabel\_lauren: despite a disgustingly bad cramp for 3 km, i defeated the 10km underwear affair! suck it, cancer. #yyc #yeg

@collenbe: Walked to lunch in #yyc's Mission district today, very pleasant! #walkableworkisgreat

## Worth mentioning

LOS ANGELES. An international mission will chart the saltiness of the ocean — from outer space.

An Argentine-built spacecraft carrying instruments from the United States and other nations is set to launch Thursday from the Vandenberg Air Force Base along the central California coast aboard a Delta 2 rocket.

The craft will circle 657 kilometres above the Earth and will use a NASA-built instrument to map weekly changes in the levels of brine in the sea. NASA's Aquarius instrument is so sensitive that it can detect changes down to a dash of salt in a gallon of water.

Nearly three-quarters of the Earth's surface is covered by water, which contains about 3.5 per cent salt. Though the amount of salt in the world's oceans remains mostly unchanged, the brine concentration in the topmost layer varies around the globe.

Understanding how brackish the sea surface is will help researchers better predict future climate change and short-term climate phenomena such as El Niño and its alter ego La Niña.

THE ASSOCIATED PRESS

## Cartoon by Michael de Adder



## WEIRD NEWS

### Cops continue to confound Pink Panthers

Montenegrin police report they have arrested an alleged member of the international gang of jewel thieves known as the Pink Panthers.

Police identified the man as Igor Jovic, a citizen of neighbouring Serbia. They said he was trying to cross the border between the



two Balkan states. They did not specify the alleged crime he has committed.

The members of the gang are believed by Interpol to be from Balkan countries. They are the prime suspects in a series of thefts that have netted more than \$175 million US of jewels and watches over the past decade in Europe, Asia and the Persian Gulf.

International police have said more than 25 arrests have been made in recent years and 400 people are being investigated.

The Pink Panther gang is named after the 1963 movie starring Peter Sellers as the bungling Insp. Clouseau.

THE ASSOCIATED PRESS



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2  
scene

## Scene in brief



The cast of MTV's Jersey Shore will return to New Jersey to tape the fifth season of the reality series after the cast says ciao to Italy. The fourth season, which was taped in Florence, Italy, is scheduled to premiere Aug. 4.

THE ASSOCIATED PRESS



Supreme Court turns away actor Wesley Snipes' appeal of conviction of tax charges. Scan code for story.

# Simple Plan mixes it up with big guest stars

► Montreal band does songs with Natasha Bedingfield, Rivers Cuomo and K'Naan on its new album *Get Your Heart On!* ► Band seeks to return to its roots after flirting with electronica



KAREN BLISS  
SCENE@METRONews.CA

Montreal's Simple Plan is one of Canada's biggest bands of the 21st century, with sales in excess of seven million albums worldwide.

The newest, *Get Your Heart On!* (out June 21), is filled with the trademark anthemic choruses that made it so popular out of the gate.

On the band's 2008 self-titled album, frontman Pierre Bouvier, drummer Chuck Comeau, guitarists Jeff Stinco and Sébastien Lefebvre, and bassist David Desrosiers did veer away from the straight-up pop-rock thing just a bit with electronic programming. This time they're back to the purity of 2002's *No Pads, No Helmets ... Just Balls*, and 2004's *Still Not Getting Any...*

But, they didn't just go back to the same old formula. Simple Plan invited some special guests to sing on the album — K'Naan on *Summer Paradise*, Rivers Cuomo of Weezer on *Can't Keep My Hands Off You*, and



► Simple Plan are set to release a new album, *Get Your Heart On!*, June 21.

Natasha Bedingfield on the first single, *Jet Lag*.

"It's the first time we've had a female guest vocal," says Bouvier during an interview. "Well, it's more like a duet. There's so many parts for the girl."

Of the K'Naan appearance, Bouvier says the rapper was in Los Angeles at the same time Simple Plan was recording and popped into the studio for the day.

"It was a little guitar

thing and we called him up and said, 'We want you to rap on that part.' All I said was, 'Can you end it with 'and I'll be there in a heartbeat?'"

Cuomo was a major coup. Bouvier and Comeau, the band's main songwriters, collaborated with many outside writers for *Get Your Heart On!* and one of those people was the Weezer frontman.

"He's a really shy per-

son and very introverted person," Bouvier says. "Love the guy, super nice, but I'd say a little bit awkward and he'd probably even say it himself."

"We've met some people who have co-written with him and we said, 'Yeah, he's singing on our song,' and they say, 'He's singing on your song? He must've really liked you guys because he doesn't do that a lot.'"

## Celebrity

► **Question:** *Loser of the Year* is clearly about celebrity and fame, but what is the point Simple Plan is trying to make?

► **Answer:** "The song is a caricature of this situation, an exaggeration of it, basically because I don't have a fridge full of champagne and I don't hang out with Lil Wayne," says Bouvier. "The idea behind it is no matter what I have, all this money and all these things — we pushed it to the extreme (in the lyric); it's not really what we're living — because I'm so famous doesn't mean s—t if I don't have you with me; If I don't have you, then I'm really just loser of the year. But what was also cool, and I saw a different side of it a few months back, was this song might actually sound like it might be about having fans. It sounds like it could be about us onstage, saying, 'I have all this s—t and I've got these fancy cars and big mansions and champagne, but if you're not there, then I'm just a loser.'"



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## DVD Releases this week

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### Coen's stay True to tale

#### True Grit

Genre: Western

Directors: Ethan Coen, Joel Coen

Stars: Jeff Bridges, Matt Damon and Hailee Steinfeld 🌐🌐🌐

When Joel and Ethan Coen announced they were filming True Grit, word was it would be different from the 1969 Henry Hathaway oater that won John Wayne his Oscar for Best Actor.

That's partially true and mainly to the good. The Coens are amazingly loyal to the dialogue and plot of Charles Portis's wry and wondrous source novel, and they place more emphasis on 14-year-old avenger Mattie Ross than they do on flinty deputy marshal Rooster Cogburn.

They deliver a film of far superior technical brilliance to Hathaway's, and their casting choices range



from smart (Jeff Bridges as the one-eyed Cogburn, Matt Damon as Texas Ranger LaBoeuf) to pure genius (newcomer Hailee Steinfeld as Mattie).

True Grit is also one of the least "Coenesque" of the brothers' films. You look in vain for much evidence of their wicked humor.

But who really knows?

It's also possible that the Coens simply love the story — and there is much to love. Told from the memory of a grown-up but unrepentant Mattie, it's a Wild West payback saga with a difference: an Arkansas teen who conscripts the wastrel Cogburn to help her deliver frontier justice to the cowardly farmhand (Josh Brolin) who shot her

father dead for \$150, a horse and two gold coins.

In choosing not to reinvent the wagon wheel with True Grit, the Coens ironically seem radical by being conformists. There's truth and beauty in their faithfulness, though, and a reminder never to presume too much about these sibling ciphers.

● PETER HOWELL

#### Just Go With It

Genre: Comedy

Director: Dennis Dugan

Stars: Adam Sandler, Jennifer Aniston and Brooklyn Decker 🌐½

Remember the last really funny Adam Sandler comedy?

I'm struggling to recall it — The Wedding Singer, anyone? — and it's abundantly clear that Sandler is caught in his own memory gap. As he wrestles with an uncomfortable middle age, he's either forgotten or ceased to care about how to make people laugh.

Take Just Go With It (please!), the latest noxious emission from his Happy Madison gas factory. It's a movie so lazily constructed, it risks offending the indolent.

It's very loosely based on Cactus Flower, the 1969 film that won Goldie Hawn the Oscar for Best Supporting



Actress. The original, teaming Hawn with Walter Matthau and Ingrid Bergman, was an example of how good acting and directing can enliven dumb farce. The remake, yoking Sandler with Jennifer Aniston and Sports Illustrated swimsuit model Brooklyn Decker, with an implausibly game Nicole Kidman in tow, demonstrates the exact opposite.

Sandler's Danny Macabee is an L.A. plastic surgeon, who, wounded by past infidelity, now wears a fake wedding ring to deter potential brides. ● PETER HOWELL

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# Sheen and baby mama make deal

► Brooke Mueller and Charlie Sheen reportedly reach agreement over custody of twins after long-standing feud ► Details remain under wraps

After months of bitter negotiations, Charlie Sheen and ex-wife Brooke Mueller have reportedly reached an agreement for custody of their twin sons, Bob and Max, according to *Us Weekly*.

The two are said to be "satisfied" with the new terms, which weren't disclosed.

The agreement brings a civil end to a custody battle that involved the boys being removed from Sheen's home by authorities in March.

● METRO



► Mueller and Sheen's divorce became official on May 2, less than three years after the couple married.

ALL PHOTOS GETTY IMAGES



► Gwen Stefani and Gavin Rossdale have two boys together, Kingston and Zuma.

## Rockers' toddler takes a tumble

Hearts nearly stopped at the home of Gwen Stefani and Gavin Rossdale recently when their two-year-old son Zuma took a tumble off of a counter-top, requiring a trip to the hospital, according to *People* magazine.

"It was one of the worst

nights of our lives," Rossdale says.

"He's fine now. It's almost worse for us. The kids are never alone and you turn your back — it takes a split second."

Zuma was treated for a broken arm.

● METRO

### Celebrity tweets



"In soggy London today. Was planning a walk around Hyde Park, might get some sleep instead."



@russellcrowe



@ConanOBrien

"All right, who keeps throwing empty beer cans in my pool and erasing my memory?"



@ParisHilton

"I love reese witherspoon sooooo much!!!!"



@lindsaylohan

"Bye Spain! Love you! Taking off back to LA!"

## Twilight star and former Idol to wed

Twilight star Nikki Reed used the MTV Movie Awards to reveal that she and American Idol castoff boyfriend Paul McDonald are engaged, according to *Hollyscoop*. "He's the one," she said when asked if

they plan to wed, while her rep later confirmed the engagement. "He's says he's going to release a Nikki Reed EP," she said of her musician beau.

● METRO



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### Tube talk

One of the things Jeff Berwick loves to do is to chill out at the end of the day with his family, watching TV or the latest movie.

- ▶ He uses a new channel called The Accessible Channel (TACTv), which provides a voice description of what's going on as it happens on the screen.
- ▶ "Described video is great," says Berwick. "It allows a blind person to watch a show that is described visually. It's like a whole new world. I don't have to wait to find out why people laughed three seconds ago."
- ▶ TACTv is produced by non-profit Accessible Media Inc. Another AMI product is VoicePrint, which provides blind people with access to leading newspaper and magazine articles.



▶ Guide dogs play a big role in the life of any blind person.

# Seeing the blind life

▶ Jeff Berwick takes Metro through a day in his life as a blind man to help raise awareness

**CELIA MILNE**  
LIFE@METRONews.ca

It's a day in the life of Jeff Berwick.

He's an ordinary guy, married with two kids, commuting two hours each way from Oshawa to Toronto and back.

What's different about Berwick is that he's doing it blind.

"I don't let too many

things get in my way," Berwick tells Metro.

This soft-spoken 38-year-old became blind at 13 when the bone holding his optic nerve didn't grow normally, pinching off his sight.

With the aid of a guide dog and a keen sense of touch and sound, he navigates a complex network of buses, trains and subways to get to his job in customer service at the

**"I don't let too many things get in my way"**

JEFF BERWICK

Ontario Medical Association.

Once there, his computer speaks to him and he does his job so seamlessly that sometimes his coworkers forget he's blind.

During time off he does

what other people do: mundane tasks like emptying the dishwasher and more exciting events like attending sports events his kids Spencer, 7, and Asher, 3, are involved in.

"Look at me, Daddy!" Asher will often say, too young to understand his dad can't see him.

Berwick is helping to raise awareness of what it's like to be blind and some of the tools that can

help people with disabilities live normal lives. A short documentary which profiles a day in the life of Berwick is available at: [youtube.com/accessible-media](http://youtube.com/accessible-media)

When you open the video, you'll see a shadowy black overlay, which is intended to give you a sense of what it would be like to watch YouTube videos if you had low vision.

### Flaxseed

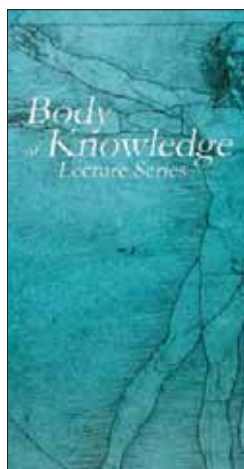


Women looking for a natural remedy for a common menopause problem have a disappointment. A study finds that eating flaxseed does not curb hot flashes. Hormone pills ease hot flashes, but they can raise the risk of breast cancer and are not safe for those who had that disease.

THE ASSOCIATED PRESS



Study finds hormone-blocking drug reduces risk of breast cancer with fewer side effects



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## Andrew Weil, MD

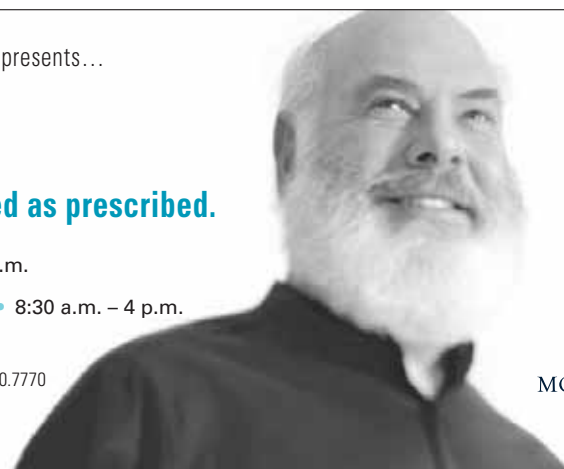
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# Making a case for ADHD drugs

**DR. VICKI PANACCIONE**  
CHILD PSYCHOLOGIST

Kids experience a lot of problems with ADHD... some inadvertently caused by their parents. Don't get me wrong, these are well-meaning parents.

You can't blame them — it seems every few months, a new study comes out about medication and its dangers or benefits or shortages. I don't prescribe medication. But what I will do is thoroughly evaluate a child to determine if he, in fact, has ADHD.

As a child psychologist, it's my job to make the best recommendations I can. Then, it's the parents' job to decide to follow them or not. What I have found in over 25 years of working with kids is that medication has had the most positive effect in helping kids who have problems with ADHD. The improvement in their attention, focus and behavior can be astounding. Medication for children who are truly and accurately diagnosed with ADHD can help alleviate the problems with ADHD. Then why are parents still



► Could medication help your child?

so resistant?

Here's an analogy: You find out your child needs glasses.

There is no blood test and the eye tests are all subjective. But, you might decide that you really don't want to have to put glasses on your child's face, so you look for other alternatives. I guess we could sit your child really close to the board, give him LARGE PRINT books and have someone walk with her. Or, we could give them glasses.



► Mama said knock you out

# Mendes' mentality

► Eva Mendes tells Metro how she keeps motivated when working out



**ROMINA MCGUINNESS**  
LIFE@METRONEWS.CA  
METRO WORLD NEWS IN LONDON

Trust the women with the confidence to let the whole world see her in her underwear to give you some useful body tips. Super toned Eva, star of *The Other Guys*, lets us in on her daily fitness regime

**Why is it good to mix up your exercise routine?**

Staying fit is important to me but I like to switch up my routine so that it doesn't get boring. I can't do the same thing every day, so I'll either go to a class, work out with a personal

trainer or I'll work out by myself. I love being outdoors so I go mountain climbing or hiking in Runyon Canyon Park (L.A.) with my dog Hugo. I make sure I cool down and stretch properly after a tough workout.

**Do you get upset if you eat a piece of chocolate?**

I believe in keeping a healthy, balanced diet. Balance is key I don't believe in denying myself anything and it's no secret I love chocolate. I won't punish myself if one day I indulge and eat something that is less healthy because consider that

overall my diet is healthy. I eat a lot of fruit and vegetables and I try to always have some around for a snack in case I get hungry. I also love grilled fish, especially salmon.

**Do you use meditation?**

I try and find the time to meditate every morning to make sure I am centered and focused for the rest of the day. At night once I've taken off my make up I like to give myself some time to relax and reflect on the day before going to bed.

**How do you stay motivated?**

Like most women, I don't

always love working out. It can be really easy for me to make excuses at the end of a long day or when the alarm goes off. It's not difficult for me to talk myself out of exercising. So then I tell myself it's something that I have to do if I want to feel good about myself.

**Do you feel bad when you don't work out?**

Exercising really helps me stay fit mentally and physically. When I don't do it, I can feel the negative effects both mental and physical. Exercise is a stress release for me as well.

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## Watermelon Green Tea



This deliciously refreshing and antioxidant-rich combination of watermelon, pomegranate and green tea provides the energy needed to stay alert, hydrated and refreshed all day.

For a special occasion, add a splash of effervescence like Champagne or soda water.

### Preparation:

- 1 In a large container, mix ingredients together and chill. Stir before serving and serve over ice.

THE CANADIAN PRESS/  
WATERMELON.ORG

### Ingredients:

- 1 l (4 cups) watermelon puree
- 500 ml (2 cups) pomegranate juice
- 1 l (4 cups) prepared and chilled strong green tea
- 250 ml (1 cup) white grape juice
- Ice, for serving

# Simply delicious sandwiches at Rustic

► This bakery and deli boasts freshly-made lunch items at Old World prices



► Roast beef sandwich on sourdough bread.

## LUNCH RUSH

ANH CHU  
FOOD@METRONews.ca



Lunch at Rustic Sourdough Bakery is one of Calgary's best kept secrets. Orders are placed at the deli counter where the sandwich options are gourmet and

don't cost extra.

Handcrafted European breads are baked fresh daily (choose from rye, sourdough, etc.). Fresh-sliced deli meats include turkey and salami. The cheese — havarti, provolone, gouda — is real and unprocessed.

I chose sourdough bread, roast beef, and cheddar cheese, topped with tomato, cucumber, sauerkraut and olives (\$7) for my sandwich, which

came with a pickle and two baby carrots. I added a side of greek salad (\$2) and a can of Coke (\$1).

For a lighter lunch, there are meat patties, veggie rolls and pre-made sandwiches, as well as house-made soups.

Seating is limited, so be prepared to take your meal to-go. For dessert, head next door and peruse the bakery.

What you see is what

you get: the Rustic Sourdough Bakery is unassuming, economical (tax is included in the posted prices!) and wholesome.

### ► Rustic Sourdough Bakery

1305 17 Ave. S.W.  
403-245-2113

Reservations: No  
Social lunch: Yes  
Price range: \$1.50 - \$7  
Rating: 4.5 out of 5

# Taste of Tuscany made easy

### Preparation:

- 1 In skillet, heat half of the oil. Brown chicken strips well on all sides over medium-high heat. Remove chicken and keep it warm.

- 2 Heat remaining oil in the same skillet. Add shallot and cook for 2 minutes. Stir in balsamic vinegar, soup, water, sun-dried tomatoes and sliced rosemary. Return chicken to skillet. Bring

to boil. Reduce heat and simmer for 5 minutes or until the chicken is no longer pink inside, stirring occasionally.

### Ingredients:

- 2 tbsp (30 mL) olive oil
- 1 lb (500 g) boneless, skinless chicken breasts
- 1 shallot, finely chopped
- 3 tbsp (45 mL) balsamic vinegar
- 1 can condensed cream of

- 3 In a serving bowl, combine chicken gently with penne and sprinkle with Parmesan cheese.

THE CANADIAN PRESS/  
COOKWITHCAMPBELLS.CA

- chicken soup
- 3/4 cup (175 mL) water
- 1/4 cup (60 mL) thinly sliced sun-dried tomatoes
- 1 tbsp (15 mL) rosemary
- 4 cups (1 L) hot cooked penne pasta
- 3 tbsp (45 mL) grated Parmesan cheese



► This quick meal takes just three steps to make.

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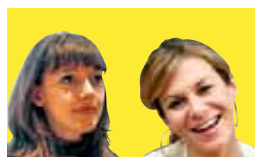
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# TRY TO AVOID DRAMA

**I have a dilemma. I broke up with my now ex-girlfriend about six months ago. We still see each other every once in a while because we share some of the same friends. I have no feelings towards her, but one of her best friends has started to flirt with me ... and I like it. How wrong is it to go out with my ex's best friend? Confused.**

## TWO SISTERS



ANDREA & CLAIRE  
RELATIONSHIPS@METRONEWS.CA

**Claire:** Dear confused-doesn't-even-begin-to-cover-it,

Ack. Couldn't you have asked a simple question, about the death penalty, or euthanasia or something?

Here's the simple answer: date her, and things will get complicated.

Don't date her, and you'll keep it as simple as you make things sound right now.

We've all been there, but most of us left as fast as we could: we've all liked and been liked by someone we shouldn't.

Stay away from that group of friends until you meet another girl you find fabulous.

Your ex likely still misses you and will be doubly heartbroken (not to men-

tion likely to boil your bunny), if you not only dumped her but then decide to take up with her best friend.

As for her best friend, she'd likely lose a lot of their mutual friends and yes, again with the boiled bunny. Run. Now.

**Andrea:** Dear Gossip Girl cast member,

It's totally normal to be attracted to your ex's friends, unless she's one of those chicks that needs to feel better about herself by hanging out with ugly people (then there's something wrong with you).

You likely all share similar interests, and there may be some qualities you

admire in BFF that you also admired in your ex.

However, what's the likelihood that BFF also shares some of the same faults that made you break up in the first place?

You don't want to be a man-whore and create all this drama in the group for nothing — it gives new meaning to "keeping it in the family."

Are you interested because she's easily accessible, or because you truly like her? If it's the first, then you need to weigh your needs as a male against the needs of the group to stick together.

My suggestion: if you haven't dated anyone since your ex, go out and find some fresh meat.

It'll help you scratch the itch and give you some perspective.

If at this point you're still convinced that her BFF is your next GF, then go for it, but this doesn't mean you can make out in front of your ex.

**TWO SISTERS, 20-SOMETHING ANDREA AND 30-SOMETHING CLAIRE, OFFER THEIR DIFFERING VIEWS ON YOUR RELATIONSHIP ISSUES.**



► Elben and Tara.

## FINDING LOVE AFTER A TIME OF SADNESS

**Names:**  
Elben, 23, and Tara, 26

**Hometown:**  
Vancouver

**Together since:**  
2010

## Their story:

It was the end of January 2010, and my father had just entered hospice after a very short and devastating battle with brain cancer.

He passed away a few days later.

As I (Tara) was walking back into his room to say my final goodbye, I crossed paths with my father's nurse, who was walking out.

He asked how I was, and I quickly found myself confiding in this stranger. I was instantly drawn to him. We chatted briefly and then parted ways. I found myself still thinking about him days afterwards, so I decided to look him up on Facebook.

I tried Alvin, Elvin, Alben, until I finally got his

name right (Elben) and sent him a message.

We have been inseparable ever since. I haven't had this much fun in a long time. Elben helped me get through what would have been one of the toughest years of my life with lots of love and support.

We have been living together for a while now, and every day is a laughing riot! I feel as though I traded one sweet angel for another.

**WE WANT TO KNOW HOW YOU MET! GO TO 2FORCOUPLES.COM NOW TO SUBMIT YOUR LOVE STORY**

# Seduction is 'essence of life' for the French

## ► Book examines seduction and its place in France's culture

One Saturday afternoon in Paris, a New York Times correspondent was baking cookies in her running clothes and ran out of but-

ter.

Dashing to a convenience store, she ran into a French foreign ministry official who invited her for

coffee — rumpled appearance and all.

The official pointed out that her street, the impossibly stylish rue du Bac "is not the Upper West Side" of New York, where it might be acceptable to traipse about in sweats.

The American shot back that this was her neighbourhood and she should be able to wear whatever she wants.

"You can," he replied, "but you shouldn't."

In France, you see, dressing sloppily is not only an insult to yourself but also to anyone and everyone you interact with.

Times Paris correspondent Elaine Sciolino's *La Seduction* is crammed with such anecdotes, illustrating how the secrets and subtleties of seduction drive all aspects of French life — from food to social

## BOOK REVIEW

**TITLE:** LA SEDUCTION: HOW THE FRENCH PLAY THE GAME OF LIFE  
**AUTHOR:** ELAINE SCIOLINO  
**PUBLISHER:** TIMES BOOKS

faux pas, fashion to foreign policy.

She explains, however, that French seduction is not simply sexual: "The excitement comes less from gratification than desire."

The verb "seduce" has a softer connotation in France — indeed the rather sinister sounding diplomatic term "operation seduction" translates to "charm offensive."

Still, a writer tells Sciolino that seduction is like breathing for the French, and Alain Baraton, garden-er at the palace of Versailles, calls it "the essence



► Author Elaine Sciolino explains in her book that French seduction is not simply sexual.

of life."

Yes, the book will make you want to fly to France to sip champagne — maybe even find some stranger to seduce — among the wondrous gardens of Versailles; to stroll past the Eiffel Tower and its carefully layered paint

job so that its colour appears uniform in any light; or attend a power dinner party where risotto with scallops is the first course and the conversation is at once head-swimmingly sophisticated and seemingly effortless.

**THE ASSOCIATED PRESS**

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# TO LEASE OR BUY

## FUN AND FRUGAL

LESLEY SCORGIE  
MONEY@METRONews.CA



In the market for a new car? Weighing the pros and cons of leasing vs. buying?

According to LeaseGuide.com if you plan to drive a vehicle for more than six years, buying is often more affordable in the long term.

However, monthly lease payments are significantly cheaper than financing payments.

When you buy a car, you own it forever. Leasing is like renting and you don't actually own the car; rather, you pay to use it for a specific period of time.

When that time is up, you have the option to buy the car, or walk away from it.

Lease payments are 30 to 60 per cent cheaper than financing payments because you aren't paying off the vehicle; you're effectively covering the cost of depreciation.

Leasing can work better when you absolutely need a car, but can't afford the down payment and/or

monthly payments associated with purchasing one or if you don't want your cash tied up in expensive car payments (hopefully you'll invest the savings in your RRSP!).

If you're a business owner, lease payments can be written off (tax deductible). When you lease a vehicle, keep in mind you're only allowed to drive a certain amount of kilometres each year.

If you go over your mileage allotment, you can be charged steep mileage rates/penalties.

Typically leasing works best for people wanting to; make low payments; drive a new car every few years; not worry about huge maintenance costs; drive a predictable amount of kilometres; handle regular light maintenance; and not build equity (trade in or resale) in a depreciating asset.

Buying works best for people wanting; low long-term costs of driving a vehicle; to drive their car for a long time; to manage maintenance and repair services; unlimited annual kilometres; to build equity (trade in or resale); the freedom to buy or sell whenever.

To benefit most from car ownership, buy used and drive your car for a long time.

# Don't let fees kill your returns

## ON MONEY

ALISON GRIFFITHS  
MONEY@METRONews.CA



Canadians are increasingly aware of the existence of management expense ratios (MERs) for mutual funds. The average MER is between 2.25 and 2.5 per cent but much higher for seg funds sold by insurance companies. These fees are deducted off the top of the fund's return so you never actually see the amount.

MERs compensate mutual fund companies for management and research and also pay advisors/salespeople for service and advice.

MERs in Canada are generally in the range of one to two per cent higher than comparable funds in the U.S. You have to wonder about that since the majority of Canadian funds actually beat their benchmark index. Frankly, the lack of interest in mutual fund fees

**"Keeping mutual fund fees low will do more for your bottom line than anything else."**

- ALISON'S MONEY RULE

has always puzzled me. Most of us don't feel we're getting much service for the fees we're paying. But do we complain? No.

David Chilton, the author of the Wealthy Barber bestseller, talks about this puzzling ambivalence toward investment fees in his entertaining seminars. He points out that, to most people, a 2.5 per cent fee doesn't sound like much.

For example, if I tell you that an item costs \$100 and fees will add another 2.5 per cent, or a mere \$2.50, you are likely to shrug. In an age when sales taxes add 13 to 15 per cent to the cost of so many goods and services, 2.5 per cent seems cheap.

Everyone agrees when Chilton presents it this way. Then he neatly flips things around by pointing out that if a mutual fund produces an eight per cent return before fees are deducted in a given year, the fee portion



amounts to a staggering 31 per cent of that return. And you pay those fees year in and year out, for as long as you hold the fund. Now that's a real growth killer.

### Smart investing

**Make the most of your mutual fund investments:**

▶ Always ask advisors for lower fee versions of funds they recommend.

▶ Ask if there are comparable funds with as good or better performance and lower fees.  
▶ Buy no-load funds to eliminate sales commissions (a.k.a. front-end loads and deferred sales charges).

# Mall rat realities

▶ Journalist pens book about what it's like to work in retail ▶ Eye-opener about the pressure to sell, sell, sell

Freelance journalist and author Caitlin Kelly is perched on a stool in a coffee shop at the Eaton Centre, one of Canada's venerable shopping malls, talking about how her two-year stint working retail in a New York City suburb has altered the way she views the shopping experience.

She's more aware of what might be going on behind the scenes, and to some degree she's also appraising the quality of the sales associates.

"Are they paying attention, are they helpful, friendly, do they know their stuff? I'm not a manager but I now see it with a more managerial eye be-



▶ Author Caitlin Kelly

cause I've been that person, and I know."

Her new book *Malled: My Unintentional Career in Retail* is an eye-opener for anyone who's never experienced the world behind a retailer's cash desk, in the stockroom or on the floor trying to sell, sell, sell, to

meet targets set by managers. It's a not-so-glowing portrait of low wages, long hours spent on one's feet and customers who are demanding and sometimes downright unpleasant.

On the plus side, she enjoyed chatting with many of her co-workers, the part-time job got her out of the house, and it provided gas and grocery money to supplement her freelance income after being fired by the New York Daily News.

Canadian-born Kelly, 53, hopes her book will help to bring about more respect for people working retail — from both customers and employers.

THE CANADIAN PRESS

# POPQUIZ

**uh-oh! You just received a letter from the taxman...now what?**

**A:** I hear there's a place in the Yukon that doubles as a haven for tax refugees

**B:** Find your paperwork, pay up front and deal with it.

### FIND TIPS & TRICKS

in Alison Griffiths' Alison on Money Column: *Don't ignore that envelope from the taxman.*

This column and more available at [Metronews.ca/YourMoney](http://Metronews.ca/YourMoney)

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TUESDAY, JUNE 7, 2011LEARNING  
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# What's happening at a school near you

► Athabasca helps students pursue studies online ► Mount Royal professor honoured for his Holocaust work

## Bow Valley gets new justice studies program

Carl DeSantis, a 29-year veteran of the Calgary Police Service, is taking the lead as program coordinator of Bow Valley College's (BVC) new Justice Studies Diploma program.

The new program gives learners the option to specialize in Correctional Studies, Law Enforcement

or Youth Justice. DeSantis anticipates a significant demand for this two-year diploma program and the career opportunities that await its graduates.

The first year of the program gives learners a general overview of justice studies before selecting their second year specialization. Once they have chosen to focus their diplo-

ma, learners complete two practicum placements through which they gain valuable work experience.

For more information, visit [bowvalleycollege.ca](http://bowvalleycollege.ca).

## Makeup Academy gets makeover with ITEC

Artists Within Makeup Academy has teamed up with ITEC in London, England and is offering an in-

ternational certification recognized in 36 countries worldwide in conjunction with the Makeup Diploma Program. This allows students to write not just the diploma exams but also the ITEC exams at no extra charge with an examiner from England. The program has been revamped to rise to the high standards set by ITEC.

## University of Calgary academic takes on new role

Dr. Elizabeth Cannon, president and vice chancellor of the University of Calgary, announced that Dr. Dru Marshall has been appointed the university's new provost and vice-president (Academic), effective August 1, 2011.

Marshall is one of Alberta's most experienced aca-

ademic leaders and administrators. For the past four years she has been deputy provost at the University of Alberta and has had responsibility for a broad portfolio that includes the university's academic budget, strategic initiatives and academic quality assurance. She has also been the key provincial government liaison for U of A.

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### Athabasca expands

One of the fastest growing online education consortiums in North America has announced that Athabasca University has joined eCampusAlberta.

Athabasca University is among the world's leading institutions in the field of distance education and the university offers a wealth of experience that will be a great benefit to students in Alberta who are pursuing their studies online.

### Mount Royal gets ethical

Mount Royal Associate Professor Shauna Snow-Capparelli is attending the Canadian Association of Journalists' annual conference in Ottawa to present a new version of the association's ethics code.

Snow-Capparelli was asked by the executive council of the CAJ to serve on the National Ethics Advisory Committee because of her previous experience with ethics and journalism — Snow-Capparelli wrote Mount Royal's Journalism Code of Ethics and Professional Practices, which is the most comprehensive ethics code in Canada next to that of CBC. Snow-Capparelli is now chairing the sub-committee that is revising the association's previous ethics code, written in 2002.

### Mount Royal prof honoured for Holocaust work

Mount Royal University Associate Professor Scott Murray, PhD, has been teaching about the Holo-

caust for eight years. It's that willingness to volunteer his time and knowledge that earned Murray the first ever Calgary Jewish Federation Award for Holocaust and Human Rights Studies. The award will go toward helping Murray attend an acclaimed, intensive, two-week Holocaust workshop at Northwestern University in Chicago this June.

### Manning receives honorary SAIT degree

DARREN CALABRESE/TORSTAR NEWS SERVICE



► Preston Manning

SAIT Polytechnic's graduation ceremonies promise to be inspirational for graduates as three public figures are recognized with honorary degrees during the celebrations: Preston Manning, Richard (Dick) Haskayne and Bonnie DuPont.

Manning is the first individual to receive SAIT's Honorary Bachelor of Science in Project Management. Manning receives the honorary degree in recognition of his achievements in service to Canadians and his deep commitment to fostering a democratic society. ● METRO

# Create your own non-profit career



The non-profit sector comprises 1.2 million employees working across 69,000 organizations.

And yet, according to a 2009 survey conducted by Ipsos Reid, only two per cent of Canadian youth aged 16 to 27 named the sector as their first choice to build a career.

A recent report by the HR Council for the Non-Profit Sector that looked at Gen Y attitudes in relation to the sector found that it was perceived that the trade-off for meaningful work through non-profit employment is lower salaries, less benefits and less job security.

Jobs in non-profits are attractive to many as a labour of love rather than payoff, but there are plenty of other perks. Work in this sector is often considered to make a difference and can come with a more relaxed corporate culture, less hierarchy and a broad range of responsibilities.

As a result, jobs are actually highly competitive and recent grads may need to get creative if they find their heart lies in non-profits.

### Create your own opportunities

When Sally Buckley was completing her master's degree in business man-



► Volunteer experience shows that you're interested and committed.

agement in the U.K., she had little idea that she would soon spend one year in Canada setting up an office for Ethiopaid, a fundraising organization that supports local community projects in Ethiopia.

Sally made the leap into non-profit work after successfully competing for a position in the charity office of a corporate firm where she had been working in the online marketing department.

Knowing that Ethiopaid had offices abroad in Australia, Sweden and Ireland, she decided to create an opportunity, rather than wait for it to come to her. Soon after suggesting to the firm's founder that Ethiopaid open a new office abroad, Sally found

herself on a flight to Ottawa faced with the challenging task of setting up the Ethiopaid Canada fundraising office.

If your passion is for non-profits, consider the following advice to make sure you're competitive in this challenging and rewarding sector.

### Find your passion

The non-profit sector is diverse. "Work out what area you want to work in," says Buckley, "whether it's something international or in your own country." Having a clear idea of the type of work you want to be in will help to focus your job search, whether it's medicine, relief work, community development, outreach or any number of non-profit areas.

### Put your education to work

Buckley credits some of her success to the skills she gained while studying business. A basis in marketing, finance, analysis and other basic office skills is a valuable asset for non-profit operations.

### Volunteer

Volunteer experience on your resumé shows employers that you're committed and interested. "I went to Africa and volunteered in an orphanage," says Buckley. "While this wasn't directly related to getting a specific job afterwards, it made me really passionate."

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sports

## Quoted



**"I'm so nervous that I'm shaking ... I don't think I'm prepared for this goodbye."**

RONALDO ON PLAYING IN HIS FINAL GAME FOR BRAZIL TODAY AGAINST ROMANIA. THE 34-YEAR-OLD RETIRED IN FEBRUARY, SAYING HE COULDN'T STAY IN SHAPE. HIS 15 WORLD CUP GOALS MAKE HIM THE TOURNAMENT'S ALL-TIME SCORING LEADER.



► Boston left-winger Brad Marchand scores last night against Vancouver's Roberto Luongo.

# Bruins won't make it easy for Canucks

► After losing first two games in Stanley Cup final, Boston roars back with 8-1 win over Vancouver ► Bruins forward Horton taken to hospital

The Boston Bruins got their swagger back in time to save their season.

Tim Thomas defiantly defended his team after two close one-goal losses to open the Stanley Cup final and backed it up with 40 saves last night as the Bruins handed the Vancouver Canucks a humbling 8-1 loss in Game 3.

It was the most complete effort of the series for a Bruins team that was clearly energized by a return to the rocking TD Garden. A four-goal outburst in the second period was made possible



by the solid play of Thomas and helped Boston narrow the gap in the series to 2-1. Game 4 goes tomorrow

night before the final shifts back to Vancouver Friday for Game 5.

The Bruins victory was even more impressive because it came without Nathan Horton, the team's second-leading playoff scorer, who was knocked out of the game at 5:07 of the first period by a devastating late hit from Canucks defence-man Aaron Rome. Horton laid motionless on the ice for several minutes before being carted off on a stretcher and taken to hospital.

Rome was given a five-

minute major for interference and could find himself facing a suspension after Mike Murphy reviews the play.

Mark Recchi scored twice, Michael Ryder had a goal and two assists, while Andrew Ference, Brad Marchand, David Krejci, Dan Paille and Chris Kelly also scored for Boston.

Jannik Hansen replied for Vancouver. It was a tough night for Canucks starter Roberto Luongo, who was beaten four times on 14 shots in the middle period. **THE CANADIAN PRESS**

## Mavs need 'Jet' to take flight

As exciting as it is to watch Dirk Nowitzki make shot after shot in the NBA final, the Dallas Mavericks don't want to keep doing that.

The supporting cast that helped carry Nowitzki and the Mavericks to the final has suddenly shrivelled.

The Mavs trail 2-1 going into Game 4 tonight mainly because they aren't scoring enough. Their average of 88.3 points per game is down 11.4 from the previous three rounds.

Nowitzki's 28.3 points are almost exactly his post-season average. The drop-off is everywhere else, especially from their bench and usually automatic sixth-man Jason (Jet) Terry.

"Jet hasn't really been a crunch-time, clutch player for us the way we need him to," Nowitzki said yesterday. "We have to find a way to get Jet some freedom ... He's got to make some shots for us."

Confidence isn't the problem for Terry. He questioned whether LeBron James, who has defensively smothered Terry, "can defend me like that for seven games." He also said that if Dallas can score 100 points, "they can't beat us."

**THE ASSOCIATED PRESS**



**"I still feel like we're going to be NBA champs this year ... It's going to be a tough road."**

**DALLAS CENTRE TYSON CHANDLER**

## Power pitcher goes first in draft

The Pittsburgh Pirates selected hard-throwing UCLA right hander Gerrit Cole with the No. 1 pick in the Major League Baseball draft last night.

Cole, a six-foot-four, 220-pound junior, posted mediocre numbers this season for the Bruins (6-8, 3.31 earned-run average), but has what many consider to be the best pure stuff in the

**100** Gerrit Cole has a fastball that is consistently clocked at 95 mph and was up around 100 late in the season.

draft.

Cole was a first-round pick of the New York Yankees in 2008, but refused to listen to an offer and instead attended UCLA.

The Pirates, picking No. 1 for the fourth time in franchise history, hope Cole ends up being their ace.

"Gerrit Cole has the size, strength, overall package of stuff and mentality to develop into a top-of-the-rotation major league starting pitcher," said Greg Smith, the Pirates' director of scouting.

**THE ASSOCIATED PRESS**

## Sports in brief

### USC has 2004 title revoked

**FOOTBALL.** The Bowl Championship Series stripped Southern California of its 2004 title yesterday, leaving that season without a BCS champion. The NCAA ruled tailback Reggie Bush received improper extra

benefits in the 2004 and 2005 seasons and was ineligible when he played.

**THE ASSOCIATED PRESS**

### Back strain puts Ramirez on DL

**MLB.** Florida Marlins all-star shortstop Hanley Ramirez was placed on the 15-day disabled list for the first time in his career because of a strained back yesterday.

**THE ASSOCIATED PRESS**

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## NHL

## PLAYOFFS

All times Eastern

## STANLEY CUP FINAL

(Best-of-7 series)

**VANCOUVER (W1) VS. BOSTON (E3)**  
(Vancouver leads series 2-0)

Last night's result

Vancouver at Boston

Tomorrow's game

Vancouver at Boston, 8 p.m.

Friday's game

x-Boston at Vancouver, 8 p.m.

Monday, June 13

x-Vancouver at Boston, 8 p.m.

Wednesday, June 15

x-Boston at Vancouver, 8 p.m.

x — if necessary.

## BRUINS 8, ANUCKS 1

First Period

No Scoring.

Penalties — Rome Vcr (interference major, game misconduct) 5:07, McQuaid Bos (delay of game) 11:41.

Second Period

1. Boston, Ference 3 (Peverley, Krejci) 0:11  
2. Boston, Recchi 4 (Ryder, Ference) 4:22 (pp)  
3. Boston, Marchand 7, 11:30 (sh)  
4. Boston, Krejci 11 (Ryder, Chara) 15:47

Penalties — Tambellini Vcr (hooking) 2:42, Ference Bos (tripping) 6:22, Lucic Bos (slashing) 10:30, Boychuk Bos (double high-sticking) 17:36.

Third Period

5. Boston, Paille 3 (Boychuk) 11:38 (sh)

6. Vancouver, Hansen 3 (Torres, Lapierre) 13:53

7. Boston, Recchi 5 (Marchand, Bergeron) 17:39

8. Boston, Kelly 5 (Paille, Chara) 18:06

9. Boston, Ryder 6 (Kaberiele) 19:29 (pp)

Penalties — Ryder Bos (roughing) 2:50, Burrows Vcr, Chara Bos (unsportsmanlike conduct) 3:33, D.Sedin Vcr, Ference Bos (misconduct) 6:59, Thornton Bos (roughing, misconduct) 7:58, Kesler Vcr (boarding) 9:11, Kesler Vcr, Seidenberg Bos (fighting, misconduct), Burrows Vcr (slashing, misconduct), Lucic Bos (slashing, roughing) 11:16, Bielska Vcr, Ference Bos (misconduct) 17:51, Torres Vcr (charging) 18:53.

Shots

Vancouver 12 16 13 41  
Boston 7 14 17 38

Goal — Vancouver: Luongo (L, 14-7-0); Boston: Thomas (W, 13-8-0). Power plays (goals-chances) — Vancouver: 0-8; Boston: 2-4.

Referees — Stephen Walkom, Dan O'Rourke.

Linesmen — Pierre Racicot, Steve Miller.

Attendance — 17,565 (17,565).

## SCORING LEADERS

	G	A	PT
H.Sedin, Vcr	2	19	21
Krejci, Bos	11	9	20
St. Louis, TB	10	10	20
Kesler, Vcr	7	12	19
LeCavalier, TB	6	13	19
D.Sedin, Vcr	9	9	18
Burrows, Vcr	9	8	17
Horton, Bos	8	9	17
Purcell, TB	6	11	17
P.Bergeron, Bos	4	13	17
J.Thornton, SJ	3	14	17
Boyle, SJ	4	12	16
Clove, SJ	6	9	15
Datsyuk, Det	4	11	15
Couture, SJ	7	7	14

## HOCKEY

## AHL PLAYOFFS

All times Eastern

## CALDER CUP FINAL

(Best-of-7 series)

**HOUSTON VS. BINGHAMTON**  
(Binghamton leads series 3-2)

Tonight's game

x-Binghamton at Houston, 8:05 p.m.

Thursday's game

x-Binghamton at Houston, 8:05 p.m.

x — if necessary.

## NBA

## FINALS

All times Eastern

(Best-of-7 series)

**MIAMI VS. DALLAS**

(Miami leads series 2-1)

Monday's result

Miami 88 Dallas 86

Tonight's game

Miami at Dallas, 9 p.m.

Thursday's game

x-Miami at Dallas, 9 p.m.

Sunday's game

x-Dallas at Miami, 8 p.m.

Tuesday, June 14

x-Dallas at Miami, 9 p.m.

x-played only if necessary.

## LATE MONDAY

## HEAT 88, MAVS 86

MIAMI (88)

James 6-14 4-17, Bosh 7-18 4-5 18, Anthony 1-4-0-2, Bibby 1-5-0-3, Wade 12-21 3-4 29, Haslem 3-7 0-0-6, Miller 0-1-0-0-0, Howard 0-0-1-2, Chalmers 4-8-0-12. Totals 34-78 12-15 88.

DALLAS (86)

Marion 4-12 2-2-10, Nowitzki 11-21 9-9 34, Chandler 1-4 3-4-5, Kidd 3-8 1-2-9, Stevenson 1-1-0-0-3, Stojakovic 1-2-0-2, Terry 5-13-4-6 15, Mahinmi 0-1-2-2-2, Barea 2-8 1-2-6, Cardinal 0-0-0-0-0. Totals 28-70 12-27 86.

Miami 29 18 20 21 88

Dallas 22 20 22 22 86

3-Point Goals—Miami 8-19 (Chalmers 4-6,

Wade 2-4, Bibby 1-4, James 1-4, Miller 0-1),

Dallas 8-21 (Nowitzki 3-5, Kidd 2-5, Stevenson

1-1, Terry 1-3, Barea 1-5, Stojakovic 0-1, Mari-

on 0-1). Fouled Out—None. Rebounds—Miami

47 (Wade 11), Dallas 47 (Chandler, Nowitzki

11). Assists—Miami 20 (James 9), Dallas 18

(Kidd 10). Total Fouls—Miami 27, Dallas 14.

A—20,340 (19,200) at Dallas.

## SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	17	155	140	487	28.6
Nowitzki, DAL	18	168	154	511	28.4
Rose, CHI	16	149	111	434	27.1
Howard, ORL	6	51	60	162	27.0
Anthony, NYK	4	33	29	104	26.0
James, MIA	18	154	115	451	25.1
Wade, MIA	18	156	118	443	24.6
Westbrook, OKC	17	135	121	405	23.8
Bryant, LAL	10	83	50	228	22.8
Randolph, MEM	13	100	87	289	22.2
Paul, NOR	6	42	39	132	22.0
Granger, IND	5	43	14	108	21.6
Aldridge, POR	6	53	19	125	20.8
Pierce, BOS	9	68	30	187	20.8
Ginobili, SAN	5	31	32	103	20.6
Parker, SAN	6	43	31	118	19.7

## MAJOR LEAGUE BASEBALL

## ROYALS 3, BLUE JAYS 2 (11 INN.)

Toronto	ab	r	h	bi	Kansas City	ab	r	h	bi
YEscor ss	5	1	0	0	AGordn lf	4	0	0	0
CPttrns lf	4	0	0	0	McCar cf	4	0	1	0
Bautist rf	4	0	1	1	Hosmer 1b	5	1	2	2
Lind dh	4	0	0	0	Franc rf	5	0	0	0
JRiver 1b	5	1	1	0	Butler dh	3	0	0	0
Arenci c	5	0	1	0	Aviles 3b	4	0	1	1
A.Hill 2b	4	0	1	1	Getz 2b	5	1	1	0
RDavis cf	5	0	0	0	Trean c	3	1	1	0
J.Nix 3b	2	0	1	0	Maier ph	1	0	0	0
Encrnc ph	0	0	0	0	B.Pena c	1	0	1	0
McCoy pr-3b	0	0	0	0	AEscor ss	4	0	0	0
Totals	38	2	5	2	Totals	39	3	7	3

Two outs when winning run scored.

E—Y.Escobar (6), Aviles (8), A.Escobar (5).

DP—Kansas City 2. LOB—Toronto 9, Kansas

City 13. 3B—Aviles (3), SB—C.Patterson (8),

A.Hill (8), Me.Cabrera (7), Aviles (10). S—

A.Escobar.

	IP	H	R	ER	BB	SO
Toronto						
Morrow	6	2	1	0	3	5
Camp H,5	2-3	1	1	1	0	1
Rzepczynski BS,2-2						
Dotel	11-3	0	0	0	0	3
Janssen	1	0	0	0	0	2
Frasor	1	1	0	0	1	0
F.Francisco L,1-3	2-3	3	1	1	1	0
Kansas City						
F.Paulino	6-2-3	3	2	1	3	4
G.Holland	2-3	1	0	0	1	0
Crow	12-3	1	0	0	1	2
Soria W,4-3	2	0	0	0	0	1
Rzepczynski pitched to 3 batters in the 7th.						
HBP—by F.Paulino (J.Nix). WP—F.Paulino.						
T—3:44. A—12,194 (37,903).						

## SOCCER

## MLS

## EASTERN CONFERENCE

	GP	W	L	T	GF	GA	PT
Philadelphia	12	6	3	3	15	10	21
New York	12	4	2	6	17	10	18
D.C. United	12	4	4	4	16	20	16
Columbus	12	3	6	3	12	14	15
Houston	14	3	5	6	17	17	15
New England	13	3	6	4	10	16	13
Toronto	14	2	5	7	13	23	13
Chicago	12	1	4	7	15	19	10
Kansas City	10	1	6	3	12	19	6

## WESTERN CONFERENCE

	GP	W	L	T	GF	GA	PT
Los Angeles	16	8	2	6	20	12	30
Dallas	14	7	3	4	17	12	25
Seattle	15	5	4	6	16	13	21
Real Salt Lake	10	6	2	2	12	4	20
Colorado	13	4	3	6	14	12	18
Portland	12	5	5	2	15	18	17
Chivas USA	13	4	4	5	16	14	17
San Jose	11	3	4	4	14	13	13
Vancouver	14	1	6	7	14	20	10

Note: Three points for a win, one for a tie.

Tomorrow's game

Real Salt Lake at Columbus, 7:30 p.m.

Thursday's game

Chicago at Kansas City, 10 p.m.

Friday's game

New England at New York, 8:30 p.m.

Saturday's games

Real Salt Lake at Philadelphia, 4 p.m.

San Jose at D.C. United, 7:30 p.m.

Chivas USA at Houston, 8:30 p.m.

Colorado at Portland, 10:30 p.m.

Vancouver at Seattle, 10:30 p.m.

Toronto at Los Angeles, 10:30 p.m.

Sunday's games

Chicago at Columbus, 4 p.m.

Kansas City at Dallas, 7 p.m.

## AMERICAN LEAGUE

## EAST DIVISION

	W	L	Pct	GB
New York	33	24	.579	—
Boston	33	26	.559	1
Tampa Bay	30	29	.508	4
Toronto	30	30	.500	4½
Baltimore	27	31	.466	6½

## CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	33	25	.569	—
Detroit	32	27	.542	1½
Chicago	29	33	.468	6
Kansas City	26	34	.433	8
Minnesota	22	37	.373	11½

## WEST DIVISION

	W	L	Pct	GB
Texas	34	27	.557	—
Seattle	31	29	.517	2½
Los Angeles	30	31	.492	4
Oakland	27	34	.443	7

Last night's results

Minnesota 6 Cleveland 4

Baltimore 4 Oakland 2

Detroit 13 Texas 7

Chicago White Sox 3 Seattle 1

Kansas City 3 Toronto 2 (11 inn.)

Tampa Bay at L.A. Angels

Sunday's results

Texas 2 Cleveland 0

Boston 6 Oakland 3

Toronto 7 Baltimore 4

Detroit 7 Chicago White Sox 3

Minnesota 6 Kansas City 0

N.Y. Yankees 5 L.A. Angels 3

Seattle 9 Tampa Bay 6

Tonight's games

Boston (Lester 7-2) at N.Y. Yankees (F.Garcia

4-4), 7:05 p.m.

Minnesota (Liriano 3-5) at Cleveland

(C.Carrasco 4-3), 7:05 p.m.

Oakland (Undecided) at Baltimore

(Jakubauskas 0-0), 7:05 p.m.

Detroit (Porcello 5-3) at Texas (M.Harrison 5-

4-4), 7:05 p.m.

Seattle (F.Hernandez 6-4) at Chicago White

Sox (Humber 4-3), 8:10 p.m.

Toronto (Drabek 3-4) at Kansas City (Mazzaro

0-0), 8:10 p.m.

Tampa Bay (Cobb 0-0) at L.A. Angels (Haren 5-

3), 10:05 p.m.

## LEAGUE LEADERS

	G	AB	R	H	Avg.
Bautista Tor	51	181	47	63	.348
Joyce TB	56	184	36	64	.348
AdGonzalez Bos	59	245	38	83	.339
Ortiz Bos	57	212	34	69	.325
JhPeralta Det	51	178	23	57	.320
MiYoung Tex	59	232	25	74	.319
MiCabrera Det	58	201	43	63	.313
Konerko ChiW	58	217	27	68	.313
Moreland Tex	54	176	29	55	.313
Kubel Minn	52	200	20	62	.310

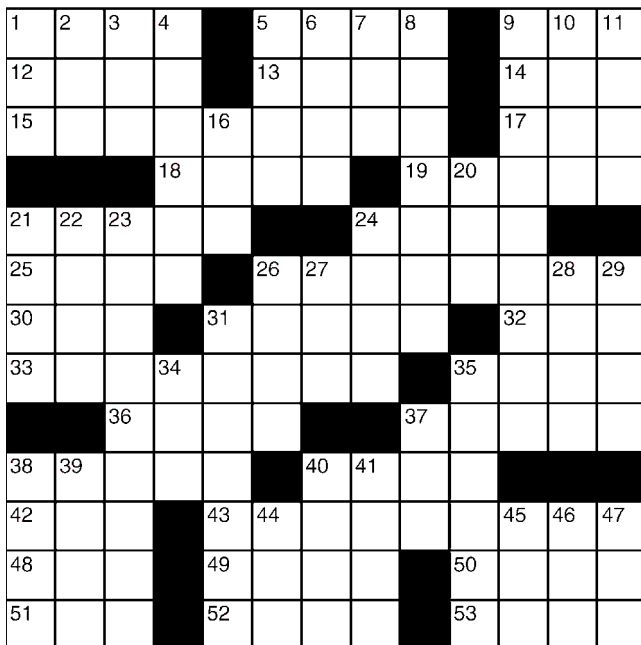
## Crossword

## Across

1 More than eager  
5 Get well  
9 Sch. org.  
12 Nibble  
13 Hamburg's river  
14 Tennis shot  
15 Whoopi Goldberg movie  
17 Exist  
18 "This weighs —!"  
19 Poison  
21 Upper story  
24 Set fire to  
25 April prank victim  
26 Compassionate  
30 Plagiarize  
31 Blender setting  
32 Alias letters  
33 — bandit (slot machine)  
35 On the rocks  
36 Lamb's dams  
37 Fidgeting  
38 Cartons  
40 Stitches  
42 — Khan  
43 Communicating (with)  
48 14-Across' path  
49 Campus VIP  
50 Reverberate  
51 Allow  
52 Recedes  
53 Bosc or Bartlett

## Down

1 Tummy muscles  
2 Evening hour on a sundial  
3 "— Impossible"  
4 Military assignment  
5 Medal earner



6 Verve  
7 Easy as —  
8 Salad basis, usually  
9 Unvarnished truth  
10 Ripped  
11 Help on the sly  
16 "Yada yada yada" (Abbr.)  
20 Jackie's second spouse  
21 Frizzy 'do  
22 Animated figure  
23 "Specifically..."  
24 Raised  
26 Autumn flowers, for short

27 Before  
28 Guitars' kin  
29 Gentlewoman  
31 Run the meeting  
34 Dumbfound  
35 Foot part  
37 Plant bristle  
38 False god  
39 Fairy tale villain  
40 Wound cover  
41 Billions of years  
44 Kan. neighbor  
45 Expert  
46 Half a dance?  
47 Rocky pinnacle

## Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's answer



## Send a KISS

You can now post your kiss, and read even more kisses, online at [metronews.ca/kiss](http://metronews.ca/kiss).

To my baby, If I never met you, I wouldn't like you. If I didn't like you, I wouldn't love you. If I didn't love you, I wouldn't miss you. But I did, I do, and I will forever. I Love you and you know who u are! DAISY

Boobie-boo, We finally found out what we're having. I love you so much. I know our little boy will grow up to be all the man you are :) now we just have to figure out names! Loooveeee youuuuu NIPS423

Pookie, Even though we have been separated for months by this Atlantic Ocean, my love for you only grows stronger. I cannot imagine my life without hearing your voice every day! I love you, and am so excited for you to come back so we can start living our lives together. Love you always! TEUFULCHEN

## A look at the weather

**TODAY** Min 9° Max 14°  
**WEDNESDAY** Min 5° Max 9°  
**THURSDAY** Min 9° Max 20°

## Andrew Schultz, Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM



## Today's horoscope

**♈ Aries March 21-April 20** Your confidence will soar over the next 24 hours. Lady Luck is on your side.

**♉ Taurus April 21-May 21** If what you receive today seems to be more than you deserve, you must not feel bad about it.

**♊ Gemini May 22-June 21** Avoid those who preach doom. Some say the world is in a sorry state, the planets say otherwise.

**♋ Cancer June 22-July 22** You are about to be rewarded for your vision and your efforts — and your determination not to give up.

**♌ Leo July 23-Aug. 23** If you want to move up in the world, now is the time to do something about it.

**♍ Virgo Aug. 24- Sept. 22** Things you value today, won't be what you value tomorrow. Nothing is worth getting worked up about.

**♎ Libra Sept. 23-Oct. 23** Someone you think of as a rival will surprise you by saying something that makes you look and feel good.

**♏ Scorpio Oct. 24-Nov. 22** Today will convince you that what you have been working on is a waste of time. It will free you.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♐ Sagittarius Nov. 23-Dec. 21**

This is a good day for relationships of all kinds. Don't hold back.

**♑ Capricorn Dec. 22-Jan. 20** Make sure you know all the facts of a situation before taking action.

**♒ Aquarius Jan. 21-Feb. 18** Allow yourself to get caught up in the social whirl. You're allowed to have fun. It will ease the tension.

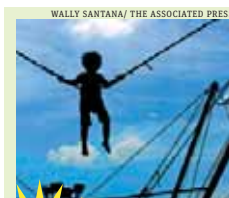
**♓ Pisces Feb. 19-March 20.** Important people are watching you closely and there's not much doubt they will like what they see.

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## Caption contest



FELIPE DANA/THE ASSOCIATED PRESS



**WIN! You write it!**

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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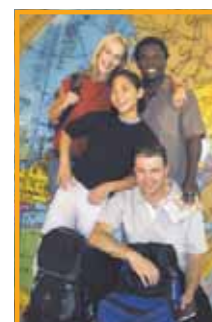
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